



AmeriBen behavioral health specialists are here to support you

Personalized care for you and your family

Hospitalization or the urgent need for behavioral health services can suddenly change your life and priorities. Specialists in behavioral health provide counseling and direction for people living with a mental illness or addiction. AmeriBen behavioral health specialists are here to help guide and support you whenever you need it.

You're not alone

Registered nurses and behavioral health case managers offer a variety of confidential services to ensure you or covered family members receive personalized, high-quality, cost-effective care. Our specialists become part of a support system for you and your family during a medical situation or mental health crisis – and can offer advocacy, assistance, and education specific to your needs.

We are here to assist you in navigating the healthcare system by:

- Coordinating care with providers.
- Facilitating transitions of care.
- Advocating for patients.
- Supporting you and your covered family members.
- Providing education regarding your care.

We can help with next steps

Our behavioral health specialists are a collaborative link between you, the plan, your claims processor, and your healthcare provider, and are available to answer any questions about your care. You might receive a call from us to see if an AmeriBen behavioral health specialist could help meet your needs. This program is included in the benefits offered by <ABC Company> and is available at no extra cost to you.

We want you to feel supported.

To contact an AmeriBen behavioral health specialist:

- Call <800-388-3193>.
- Visit myameriben.com.
- Email <medicalmanagement@ameriben.com>.



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